



17 June 2021

### **COVID-19 Vaccination Exercise for Students in Schools – Update 17 June 2021**

Dear Parents/Guardians of Graduating students,

I hope that you are all enjoying the term break and that your children have been able to make bookings for the vaccination. This morning I was provided with the following additional information regarding the vaccination exercise and so I am passing it on to our community.

#### **Students with Changes in Identification Number**

Students who have a change in their identification number (e.g. due to change in resident status) between the time of registration for appointment and date of vaccination appointments should inform staff at the vaccination centre of this change when they turn up for their appointment. Please note that this does not apply for students who had previously informed MOE of this change (i.e. those whose changes in identification number have been updated in the Nominal Rolls submitted by ACS International).

#### **Expert Committee on Covid-19 Vaccination (EC19V)'s Recommendations on Strenuous Activities**

The Expert Committee on Covid-19 Vaccination (EC19V) has been closely monitoring international reports that the second dose of mRNA COVID-19 vaccines may be associated with a small risk of myocarditis and pericarditis in young men, and assessed that the benefits of receiving the mRNA COVID-19 vaccines, i.e., reduction in COVID-19 infections and severe complications even if infected, continue to outweigh the risks of vaccination. As a precaution, EC19V recommends that vaccinated persons, in particular adolescents and younger men, should avoid strenuous physical activity for one week after their second dose. During this time, they should seek medical attention promptly if they develop chest pain, shortness of breath or abnormal heartbeats.

You can find more information in MOH's press release, available at: <https://www.moh.gov.sg/news-highlights/details/expert-committee-on-covid-19-vaccination's-assessment-on-myocarditis-and-pericarditis-following-mrna-covid-19-vaccination>.

For any other requests or queries parents can call Ministry of Health at 1800 333 9999.

Yours Sincerely,

Gavin Kinch  
Principal