

## Sports, Exercise & Health Science – FIB and Pre-IB

Dear Parents, Guardians and Students of FIB and Pre-IB classes,

I am pleased to announce that starting in Term 3 2022, the school will be offering FIB and Pre-IB students the option of taking the science subject Sports, Exercise & Health Science (SEHS).

This exciting new course incorporates the traditional disciplines the IGCSE PE and IB Sports Exercise and Health Science. Topics studied will include anatomy, physiology, biomechanics, psychology and nutrition which are studied in the context of sport, exercise and health. Students will explore a range of core topics and carry out practical investigations in both laboratory and field settings. Through this course students will acquire the foundation knowledge and understanding necessary to apply scientific principles and critically analyse human performance.



All FIB and Pre-IB students are currently enrolled in two science subjects from Biology, Chemistry and Physics. If students wish to enrol into the new SEHS subject, they will need to change out of one of their current science classes. For example, if a student is taking Chemistry and Physics, they would have to change to either Chemistry and SEHS or Physics and SEHS. The student will not be eligible to progress to the science subject they have swapped from at IB level i.e. if a student drops Chemistry they will not be eligible to take Chemistry at IB level. In order to study a science subject at Higher Level (HL), students will need to achieve a minimum of a B during the end of year exams. However, for Standard Level there is no entrance criteria, but students will be required to have studied the subject during within the Pre IB / FIB programme.

If you have any questions about the course you can contact the Head of PE, Mr Patterson at [Michael.patterson@acsinternational.edu.sg](mailto:Michael.patterson@acsinternational.edu.sg). If your child is interested in this subject please email the Divisional Coordinator, Ms Ng at [pamela.ng@acsinternational.edu.sg](mailto:pamela.ng@acsinternational.edu.sg) for the change to be made. The running of the course will be dependent on a minimum number of students enrolling in it.

Yours sincerely,



Gavin Kinch  
Principal