

2 March 2023

External Incident

Dear Parents and Guardians,

I am writing to inform you of an incident that occurred today in the HDB that is at the back of the school.

Unfortunately, it would appear that a member of the public, we don't believe related to the school community, died by suicide. When the school became aware of the situation, students were blocked from being able to access parts of the New Block where there was a line of sight. However, it is likely that a small number of students walked past the section between lessons, and they may have seen incident. The counsellors have met with students that we were able to identify, but there may be others that saw but we are not aware of.

The school is notifying you of this incident in case your child\ward mentions it or is upset when they get home from school today. You may also wish to look out for any signs that your child\ward is acting differently from normal.

Some behavioural signs parents can look out for include insomnia or difficulty sleeping/staying asleep, not wishing to sleep alone, nightmares, increased anxiety, avoidance of certain places/objects, irritability, withdrawal, and compulsivity (e.g. increased hand washing).

If your child did witness something that has upset them, you may contact one of our school counsellors who can meet with them to talk it through.

Charlina Gozali: charlina.gozali@acsinternational.edu.sg
Dorothea Yeo: dorothea.yeo@acsinternational.edu.sg

Families needing assistance outside of school hours can also contact Samaritans of Singapore via the following channels:

- 24-hour Hotline at **1-767**
- Message via the 24-hr CareText WhatsApp platform at 9151 1767,
- Write to CareMail at <u>pat@sos.org.sq</u>

Please feel free to contact the school if you have any further concerns about this incident.

Yours sincerely,

Gavin Kinch Principal