

ACS (International) 2023 CCA Deployment and Schedules

The Arts CCAs 2023

Music

| CCA | Locations | Teachers-in-charge | Time | Duration |
|---|---|--|---|-------------|
| String Orchestra Junior Training section | MS202, MS203, MS204, MS205 & MS208 | Carol Ling Jasmine Teo Grace Lim | Monday 3:15 - 5:15pm | Term 1 to 4 |
| Double Bass section | MS208 | Carol Ling Jasmine Teo Grace Lim | Monday 4:00 - 5.30pm | Term 1 to 4 |
| Contemporary Singers Ensemble | MS201 | Jamuna Madhav Ivana Choo | Wednesday 3:40 – 5:10pm | Term 1 to 4 |
| Electro Acoustic Music | MS201 | *Philip Tan (PT) *Arleen Teo (PT) | Tuesday 3:40 – 5:10pm | Term 1 & 2. |
| Wind Band | MS202 | Lim Tse Ren Chang Weng Moon Jacob Henstridge | Tuesday 3:45 – 5:45pm Thursday 3.30 – 5:30pm | Term 1 to 4 |
| Guitar Ensemble | Bi 102, Bi 103 | Antonio Inigo Manjari Sreedharan | Monday 3:15 – 5:15 pm | Term 1 to 3 |
| String Orchestra | MS203 MS202 (combined with Wind Band) | Carol Ling Jasmine Teo Grace Lim | Thursday 3:15 – 5:15pm | Term 1 to 4 |
| Contemporary Band | MS203; MS206; MS208 | Miho Tsumura Zoe Yep | Friday 3:15 – 4:45pm | Term 1 to 3 |
| Gu Zheng Ensemble | MS202 | Cheng Wei Chen Hsin Yu | Friday 3:15 – 5:30pm | Term 1 to 3 |

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Drama & Dance

| CCA | Locations | Teachers-in-charge | Time | Duration |
|-------|-----------|-------------------------------------|---|--------------|
| Dance | Black Box | Corinne Rousset Cristina Mora | Monday 3:15 – 5.30pm (Additional practices on Wednesdays prior to event) | Term 1 to 3 |
| Drama | Black Box | Andrea Gordon + External vendors | Tuesday 3:40 – 5.40 pm (Additional rehearsals expected) | Term 1 and 2 |

Art Related and PAV

| CCA | Location | Teachers-in-charge | Time | Duration |
|--|------------|--|--|-------------|
| Ceramics (Hand-Building) Ceramics (Throwing) Y5&6 | LB Level 5 | Jasmine Lee Ho Wee Kwang Chang Hung Tho | Wednesday 3.40 – 5:10pm Thursday 3:05 – 4:35pm | Term 1 to 3 |
| Art Club | LB506 | Christine Ang (PT)* Talo Maria Rooke* Diana Ho | Tuesday 3:40 – 5:40pm | Term 1 to 3 |
| Artistry (Editorial & Activities) | LB505 | Peter Talbot* Sia Ee Mien* | Wednesday 3.40 – 5:10pm | Term 1 to 3 |
| Sewing | NB3-12 | Cody Edgcombe* | Thursday 3:15 - 5:15pm | Term 1 to 3 |
| Pro-Audio Visual (PAV) | Chapel | Gaye Kirby + Jessie Yeung, Gregory Poo | Training on Wednesdays in term 1; on the job for other terms 3:40 - 5:10pm + other events and rehearsals | Term 1 to 4 |

*Instructors

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Interest Group CCAs 2023

| CCA | CCA Location | Teacher/s in Charge | Time | Duration |
|-----------------------------------|---------------------------|--|---|----------|
| Chess | PH101 | Analiza Garcia | Thursday 3:15-4:30 | T1,2,3 |
| Chinese Calligraphy and Paintings | LB3-05 | Yang Yang Diana Heng Eun Jeong | Friday 3:15-4:45 | T1,2,3 |
| Christian Fellowship | Wesley Hall SB Level 6 | Alice Wong Hong Ching Chong | Friday 3:15- 5:00 | T1,2,3 |
| Cookery Club | OB2-05 | Lim Lay Pian Diana See | Friday 3:15- 5:00 | T1,2,3 |
| Creative Direction | NB201 | Tan Shiao Ser Carrie Cheah | Friday 3:15- 4:30 | All Year |
| Debate & Public Speaking | NB310 / Ch1-05 | Kom Kuppusamy Danielle Parry | Tuesday 3:45- 5:45 Thursday 3:15- 5:15 | T1,2,3 |
| Envoy Club | OB4-03 | Sreemati Sen James cope | Wednesday 3:45- 5:45 | T1,2,3 |
| Interact | LB3-02 | Caroline Heng Claudelia Koh Amanda Woo | Thursday 3:15- 5:30 | T1,2,3 |
| Robotics | PL2-02 | Thomas George | Tuesday 3:15-5:15 | T1,2,3 |
| Science / Coding CCA | Bio2-01 | Low Lin Da Shiva Sharma | Thursday 3:10-4:40 | T1,2,3 |
| Sustainability CCA | LB3-08 | Elisa Zantos (T1) & Kath Upshall Sze Yee Penelope | Friday 3:15- 5:15 | T1,2,3 |
| Chapel Worship Band | MS2-6 | Lynn Ng | Tuesday 3:45 - 5:00 | T1-4 |
| | | | | |

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| <u>Leadership Groups (membership through application, interview and selection only)</u> | | |
| Leadership- Ambassadors | Koh Leng Leng, Carmen Choong, | All Year |
| Leadership- Student Council | Kent Kor, Cheryl Seah, Phoebe Tan, Michelle Liew | All Year |
| Leadership- Student Affairs | Chris Ong, Dong Peiran, Dayhim Djazeb | All Year |
| Leadership- Peer Leaders | Kas | |
| <u>Staff Only Groups</u> | | |
| ACS Alumni | Koh Leng Khim | |
| Admissions | Peter Thompson, Raghu Chandramani, Susan Ong, Leng Khim | |
| ISPCC | Chin Siew Lin, Weili Goh | |

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Sports CCAs 2023

Competitive and Recreational Sports CCAs Explained

Competitive Sports CCAs follow the relevant Athletic Conference of Singapore International Schools (ACSIS) and MOE National School Games seasons of play. After indicating interest at the CCA Fair/CCA Sign Ups students wanting to represent the school team must attend a pre-season trial. Wherever possible the school will aim to provide competitive sport for all that attend trials, however, it may be necessary to select a maximum squad size due to space, safety and practical constraints. Once selected for a team, a student's attendance is compulsory for the duration of the season. The majority of our competitive sports teams are coached by either a PE teacher, an external coach or in some instances a suitably qualified and experienced member of staff. Staff assisting competitive sports will be expected to liaise with CCA members, take attendance and attend all training sessions and fixtures.

Recreational Sports CCAs will be scheduled in between competitive sports seasons of play and are created to facilitate mass participation for all. These CCAs are non-selective and are open to all students that want to try a sport for the first time or have fun playing in non-competitive environment. CCA captains, senior students and competitive players are invited to lead and coach Recreational CCAs which is an excellent way to achieve CAS experience or develop leadership potential.

| ACSIS Leagues Seasons of Play | | | | |
|-------------------------------|----------------------------|---------------------------|--------------------------------------|----------------------------|
| AGE GROUP | SEASON 2 | SEASON 3 | ACSIS Schools Holiday | SEASON 1 |
| 14U | 14U Netball (G) | 14U Basketball (B/G) | (ACS Recreational Sports CCA Season) | 14U Badminton (B/G) |
| | 14U Football (B) | 14U Tennis (B/G) | | 14U Rugby (B) |
| | 14U Volleyball (B/G) | | | 14U Touch (G) |
| | | | | |
| 16U & 19U | 16U & 19U Basketball (B/G) | 16U & 19U Badminton (B/G) | | 16U & 19U Football (B/G) |
| | 16U & 19U Rugby (B) | 16U & 19U Netball (G) | | 16U & 19U Volleyball (B/G) |
| | 16U & 19U Touch (G) | 19U Ultimate Frisbee (M) | | |

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|--|------------------|--------------------|--|--|
| | 19U Tennis (B/G) | 19U Softball (TBC) | | |
|--|------------------|--------------------|--|--|

(B)=Boys, (G)=Girls, (M)=Mixed Gender

Sports CCA Schedule and Staff Deployment 2023

| ACSIS SEASON 2 9 th January - 17 th February | | ACSIS SEASON 3 27 th February- 5 th May | | RECREATIONAL SPORTS May 8 th – July 28th | | ACSIS SEASON 1 August 21 st - November 10 th | |
|---|-----------------|--|----------------------------|--|-------------------------------------|---|----------------------------|
| Season 2 Sports | Season 2 Staff | Season 3 Sports | Season 3 Staff | Recreational Sports | Recreational Sports Staff | Season 1 Sports | Season 1 Staff |
| 14U Boys Volleyball | Enrique Pascual | 14U Boys Basketball | Tien Chan & Robb Ross | Archery | Anto Joseph | 14U Boys Badminton | Alastair Tan |
| 14U Girls Volleyball | Alicia Chan | 14U Girls Basketball | Srivalli Singh | Badminton (Mixed) | Cynthia Navamani & Shaji Ranapratap | 14U Girls Badminton | Michelle Low |
| 14U Girls Netball | Laura Blunt | 14U Boys Tennis | Nina Abashidze | Basketball (Boys) | Giribabu Tummala | 14U Girls Touch | Eleanor Dent |
| 14U Boys Football | Lee Scurr | 14U Girls Tennis | Claire Wee | Basketball (Girls) | Hilda Toh | 14U Boys Rugby | Alvin Ho |
| 16U Boys Rugby | Alvin Ho | 16U Boys Badminton | Charles Lee | Bodybuilding | Ang Chew Yan | 16U Boys Volleyball | ??? |
| 16U Boys Basketball | Nicholas Chia | 16U Girls Badminton | Rosanes Rose Anne | Exercise Classes | Sandra Sng | 16U Girls Volleyball | ? |
| 16U Girls Basketball | Kerry Lakhani | 16U Girls Netball | Eleanor Dent & Emma Harris | Football (Boys) | Lee Scurr & Enrique Pascual | 16U Boys Football | Lee Scurr/ Dominic Marwood |
| 16U Girls Touch | Eleanor Dent | 19U Boys Badminton | Gregory Goh | Football (Girls) | Lee Scurr & Enrique Pascual | 19U Boys Volleyball | David Fillary |
| 19U Boys Rugby | Alvin Ho | 19U Girls Badminton | Priya Nair | Netball | Laura Blunt | 19U Girls Volleyball | Laura Blunt |
| 19U Girls Basketball | Claire Tan | 19U Girls Netball | Laura Blunt | Rock Climbing | Nadiah Karina & Adina Wong | 19U Boys Football | Enrique Pascual |
| 19U Boys Basketball | S.Sivarajan | 19U Softball | Dominic Marwood | Rugby | Alvin Ho | Archery | Anto Joseph |
| 19U Girls Touch | Dominic Marwood | *A Div Boys Tennis | Pamela Ng | Table Tennis | Ong Wee Teck Hoon | Basketball (Boys) | Giribabu Tummala |
| 19U Boys Tennis | Pamela Ng | *NJCC Girls Touch | Dominic Marwood | Tennis | B.Praeman | Basketball (Girls) | Hilda Toh |
| Track & Field | Teo Tee Wei | *Track & Field | Teo Tee Wei | Touch (Mixed) | Eleanor Dent | Tennis (Boys & Girls) | B.Praeman |
| | | Bodybuilding | Ang Chew Yan | Volleyball | Kerry Lakhani / ?? | Recreational Netball | Laura Blunt |
| | | Boys Volleyball | Lee Scurr | Running Club | Teo Tee Wei | Rock Climbing | Nadiah Karina & Adina Wong |
| | | Girls Volleyball | Alicia Chan | Taekwondo | Olger Portilla | Exercise Classes | Sandra Sng |
| | | Rock Climbing | Nadiah Karina & Adina Wong | Softball (Boys) | Dominic Marwood | | |

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|--|--|------------------------------|------------------------|--|--|--|------------------------|
| | | <i>Recreational Football</i> | <i>Enrique Pascual</i> | | | | |
| | | | | | | | *=MOE/ JC competitions |
| | | | | | | | |

MOE National School Games + Other Competitions Students from ACS (Int) are also able to participate in the MOE National School Games competitions. Usually students that enter these competitions already train for their sports privately outside of school as an External CCA. For example, sports such as Judo, Golf and Ten Bowling are not offered as CCAs within school but ACS (Int) is able to enter our students who train for these sports as an External CCA to represent the school in these competitions. For Track & Field, students may be entered to the NSG if they have achieved the qualifying times at either the Inter House Sports Day or external track meets. Occasionally the school will enter our competitive sports teams into the NSG. In previous years we have entered teams in Basketball, Netball, Football, Tennis and Volleyball. These teams will be considered on a case by case basis by the Head of PE and Sports CCAs.

Sports CCAs 2023 Timetable: 9th January - 17th February (ACSIS Season 2)

ACSIS SEASON 2 (2022-2023) Trials= w/c 31st October 2022

| Sports CCAs Facilities Timetable: 24 th Jan - 11 th Mar (ACSIS Season 2) | | | | | | | |
|--|-----------|-----------------------------------|---|-----------------------------------|-----------|---|--------|
| Venue | Time | Monday | Tuesday | Wednesday | Time | Thursday | Friday |
| Sports Hall | 3:45-5:00 | 14U Boys & Girls Volleyball | 14U Netball | 14U Boys & Girls Volleyball | 3:15-4:30 | 14U Netball | |
| | 5:00-6:15 | | 16U Girls Basketball & 19U Girls Basketball | | 4:30-5:45 | 16U Boys Basketball & 19U Boys Basketball | |
| Field | 3:45-5:00 | 16U & 19U Rugby & 16U & 19U Touch | 14U Football & Track & Field | 16U & 19U Rugby & 16U & 19U Touch | 3:15-4:30 | 14U Football | |
| | 5:00-6:15 | | | | 4:30-5:45 | | |
| Tennis Courts | 3:45-5:00 | 19U Boys Tennis | | 19U Boys Tennis | 3:15-4:30 | | |
| Gym | 3:45-5:00 | | | | 3:15-4:30 | | |

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|-----------------------|-----------|--|--|--|-----------|--|--|
| External Venue | 3:45-5:00 | | | | 3:15-4:30 | | |
|-----------------------|-----------|--|--|--|-----------|--|--|

Sports CCAs 2023 Timetable: 27th February – 5th May (ACSIS Season 3)

ACSIS SEASON 3 (2022-2023) Trials= w/c 20th February 2023

| Sports CCAs Facilities Timetable: 27 th Feb – 5 th May (ACSIS Season 3) | | | | | | | |
|---|-----------|--|--|---|-----------|-----------------------------|---------------------------|
| Venue | Time | Monday | Tuesday | Wednesday | Time | Thursday | Friday |
| Sports Hall | 3:45-5:00 | Recreational Volleyball (Yr 3-4 Boys) | 16U & 19U Netball | Recreational Volleyball (Yr 3-4 Girls) | 3:15-4:30 | 16U & 19U Netball | Recreational RockClimbing |
| | 5:00-6:15 | 16U & 19U Boys & Girls Badminton | 14U Boys & Girls Basketball | 16U & 19U Boys & Girls Badminton | 4:30-5:45 | 14U Boys & Girls Basketball | |
| Field | 3:45-5:00 | 19U Softball Boys | NJCC Touch & Recreational Football (Yr 1-3) | 19U Softball Boys | 3:15-4:30 | NJCC Touch | |
| | 5:00-6:15 | | | | 4:30-5:45 | | |
| Tennis Courts | 3:45-5:00 | 14U Boys & Girls Tennis | A Div Tennis (Boys) | 14U Boys & Girls Tennis | 3:15-4:30 | A Div Tennis (Boys) | |
| Gym | 3:45-5:00 | Bodybuilding | | | 3:15-4:30 | | |

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|-----------------------|-----------|--|----------------|--|-----------|--|--|
| External Venue | 3:45-5:00 | | Track & Field* | | 3:15-4:30 | | |
|-----------------------|-----------|--|----------------|--|-----------|--|--|

*will cease after ACSIS Track and Field Championships

Sports CCAs 2023 Timetable: 8th May – 28th July (Recreational Sports CCAs)

| Sports CCAs Facilities Timetable: : 8 th May – 28 th July (Recreational Sports CCAs) | | | | | | | | | |
|--|-----------|-----------------------|------------------------|----------------------|-----------|---------------------------|--------------|--------------|-----------|
| Venue | Time | Monday | Tuesday | Wednesday | Time | Thursday | | Friday | |
| Sports Hall | 3:45-5:00 | Volleyball (Yr 1-3) | Netball Girls (Yr 1-2) | Volleyball (Yr 4-6) | 3:15-4:30 | Basketball (Girls) | Table Tennis | RockClimbing | Taekwondo |
| | 5:00-6:15 | Badminton (Yr 4-6) | Basketball (Boys) | Badminton (Yr 1-3) | 4:30-5:45 | | | | |
| Field | 3:45-5:00 | Rugby | Football | Softball | 3:15-4:30 | Mixed Touch | | | |
| | 5:00-6:15 | | | | 4:30-5:45 | | | | |
| Tennis Courts | 3:45-5:00 | Tennis (Girls Yr 3-6) | | Tennis (Boys Yr 1-4) | 3:15-4:30 | | | Archery | |
| Gym | 3:45-5:00 | Bodybuilding | | | 3:15-4:30 | Exercise Classes | | | |
| External | 3:45-5:00 | | | | 3:15-4:30 | Road to 5k (Running Club) | | | |

*All recreational sports CCAs are mixed gender unless specifically stated otherwise.

** All recreational sports CCAs are open to all ages unless specifically stated otherwise.

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*** All recreational sports CCAs are pending confirmation. Each CCA has a minimum requirement and a maximum capacity. The finalised schedule will be confirmed once sign-ups have closed.

Sports CCAs 2023 Timetable: 7th August – 3rd November (ACSIS Season

1)

ACSIS SEASON 1 (2022-2023) Trials= 31st July 2023

| Sports CCAs Facilities Timetable: 7 th August – 3 rd Nov (ACSIS Season 1) | | | | | | | | | | | |
|---|-----------|--|--------------|--|-----------------|-------------------------------|--------------|-----------|--|-----------------|-------------------------|
| Venue | Time | Monday | | Tuesday | | Wednesday | | Time | Thursday | | Friday |
| Sports Hall | 3:45-5:00 | 16U & 19U (Boys & Girls) Volleyball | | 16U (Boys & Girls) & 19U (Boys) Volleyball | | 19U (Girls) Volleyball | | 3:15-4:30 | Recreational Netball | | Rock Climbing/Taekwondo |
| | 5:00-6:15 | 14U Boys & Girls Badminton | | Recreational Basketball (Girls) | | 14U Boys & Girls Badminton | | 4:30-5:45 | Recreational Basketball (Boys) Yr 3-6 | | |
| Field | 3:45-5:00 | 14U Rugby | 14U Touch | 16U Football | 19U Football | 14U Rugby | 14U Touch | 3:15-4:30 | 16U Football | 19U Football | |
| | 5:00-6:15 | | | | | | | 4:30-5:45 | | | |
| Tennis Courts | 3:45-5:00 | Recreational Tennis | | | | | | 3:15-4:30 | | | Recreational Archery |
| Gym | 3:45-5:00 | | | | | | | 3:15-4:30 | Exercise Classes | | |
| External | 3:45-5:00 | | | | | | | 3:15-4:30 | | | |

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